

Last updated Program - Friday January 19

BALLROOM 1

8.15 am Congress Opening

Sinn ANURAS, Chairman, Thai Anti-Aging Medicine Association
Chasuree SITAKALIN, President, Dermatological Society of Thailand

8.30 am -10.00 am

Improving Health with Micronutrients, Sports and Physiotherapy: Scientific Facts and Practical Tips

Moderator: S. Anuras

- Which micronutrients can make you live longer: Fascinating scientific studies
P. THAVISIN (Thailand)
- The use of cyanobalmine against aging: The forgotten essential nutrient
D. HARNAM (Malaysia)
- How to reduce cholesterol levels with nutritional medicine
D. RUEFF (France)
- Sports: Increase longevity by sports practice: The scientific facts
K. NEESER (Switzerland)
- The Asian Way of Anti-Aging (exercise, diet, social life, holistic medicine): The scientific facts
K. NEESER (Switzerland)
- Micronutrients and sport
T. HUU HANH (Vietnam)
- The Role of Nutrigenomics in Personalized Preventive Medicine
David LAI (China)

10.00 am -10.30 am COFFEE BREAK - Meet the exhibitors

10.30 am - 12.30 pm

Testosterone Therapy of Men and... Women: The Breakthrough Studies

Moderator: P. Sugkraroek

- Testosterone treatment of androgen deficiency in the adult male
M. CARRUTHERS (UK)
- Evidence that testosterone treatment does not cause prostate cancer
M. CARRUTHERS (UK)
- Testosterone treatment of cardiac patient: how good is testosterone for the heart?
T. HERTOGHE (Belgium)
- Testosterone treatment of memory loss and Alzheimer
C. CHAUCHARD (France)
- How testosterone restores sexual potency in men
A. ZENTNER (Australia)
- The depression of middle-age men and women: A testosterone-deficiency phenomenon?
S. SCHUDER (USA)
- Efficient therapy of low libido and frigidity with safe doses of testosterone
S. SCHUDER (USA)

12.30 pm - 2.00 pm LUNCH AT THE HOTEL RESTAURANTS

2.00 pm - 3.30 pm

Botulinum Toxin and Fillers: Where do we Stand Now?

Moderator: P. Levy

- Botulinum toxin: State of the Art
J. Amado C. GALVEZ (Philippines)
- How to manage complicated upper face?
P. LEVY (Switzerland)
- Elegant lower face/neck botox including the 'Nefertiti contour lift'
P. LEVY (Switzerland)
- Volume in aging face: fat grafting and fillers: Which choice for which result?
P. TREVIDIC (France)
- Fillers complications: How to manage them?
P. ANDRE (France)

3.30 pm - 4.00 pm COFFEE BREAK - Meet the exhibitors

4.00 pm - 5.30 pm

Lipolysis

Moderator: G. Leibaschoff

- Injection lipolysis today: How it works, scientific basis and results
T. MARECHAL (France)
- Global approach of the patient in lipolysis therapy: Consultation pre-therapy, smoothing pain & side-effects
T. MARECHAL (France)
- Face and body liposculpture with phosphatidylcholine
J. MARTHAN (France)
- Laserbased liposculpture
N. ZERBINATI (Italy)
- Carboxytherapy
N. POLNIKORN (Thailand)

BALLROOM 2

8.30 am -10.00 am

Novel Techniques for Skin Rejuvenation

Moderator: P. Andre

- Cosmetic dermatology: A new era for dermatologist
P. ANDRE (France)
- Needling: A novel way to treat for acne scars and wrinkles
W. HONGCHARU (Thailand)
- The use of Radiofrequency for facial rejuvenation
V. KONTOES (Greece)
- Laser and light together with facial surgical techniques for aging face, or alone?
P. KONTOES (Greece)
- Facial threads for aging face suspension
P. TREVIDIC (France)

10.00 am -10.30 am COFFEE BREAK - Meet the exhibitors

10.30 am - 12.00 pm

Aging Body Rejuvenation, Breast and Buttocks

Moderator: P. Trevidic

- Breast rejuvenation with augmentation: Anatomical implants; modified dual technique, natural results
C. KRON (France), P. TREVIDIC (France)
- Buttocks aesthetics, Buttocks aesthetic procedures
C. KRON (France), P. TREVIDIC (France)

12.30 pm - 2.00 pm LUNCH AT THE HOTEL RESTAURANTS

2.00 pm - 3.30 pm

ABC Workshop of Anti-Aging Medicine for Beginners

T. HERTOGHE (Belgium) - C. DALLE (France)

3.30 pm - 4.00 pm COFFEE BREAK - Meet the exhibitors

4.00 am - 5.30 pm

Growth Hormone Therapy of Aging Adults: The Basics to Treat Efficiently

T. HERTOGHE (Belgium)

WORKSHOPS ROOMS (ground floor)

10.30 am - 12.30 pm

Room Chiang Mai

Workshop proposed by AA-Medical Systems (France)
CarboxyTherapy

G. LEIBASCHOFF, MD

Room Rattanakosin

Workshop proposed by Advanced Medical Esthetics (Thailand)
DermaRoller (Needling) for acne scars, wrinkles and beyond...

W. HONGCHARU, MD

12.30 pm - 2.00 pm LUNCH AT THE HOTEL RESTAURANTS

2.00 pm - 4.00 pm

Room Chiang Mai

Workshop proposed by TNC Spectronics (Thailand)
Carboxytherapy: Carbonique

N. POLNIKORN, MD

Room Rattanakosin

Workshop proposed by Star Medical (Thailand)
Fraxel for Asian Skin

Cameron ROKHSAR, MD (USA)

Room Ayutthaya 1-2

Workshop proposed by Filtech

Thermage The techniques and tactics to tighten up the tummy by Thermage
Colin THAM HSIEN JEN, MD

Last updated Program - Saturday January 20

BALLROOM 1

8.30 am- 10.00 am

Growth Hormone: The Most Potent of the Anti-Aging Hormones
Moderator: T. Hertoghe

- Growth hormone treatment of aging adults: Scientific facts, diagnosis, treatment, safety
T. HERTOEGHE (Belgium)
- Growth hormone and the brain: A treatment of memory loss and neurodegenerative disease
C. DALLE (France)
- Growth hormone therapy: Its efficacy against depression and anxiety
S. SCHUDER (USA)
- Growth hormone and obesity: Do we become obese with aging because we become growth-hormone deficient
B. ANTON (Australia)

Great Debate: Are testosterone and growth hormone replacement in elderly persons dangerous or life and health-saving?

T. HERTOEGHE, B. ANTON, C. CHAUCHARD, P. SUGKRAROEK

10.00 am -10.30 am COFFEE BREAK - Meet the exhibitors

10.30 am - 12.30 pm

The Obesity: Solving the Enigma. How to Efficiently and Definitely Achieve Weight Reduction
Moderator: A. Chiangpradit

- Hormonal correction: Testosterone treatment of obese men: A solution?
M. CARRUTHERS (UK)
- Female hormone therapies: An aid against obesity
P. SUGKRAROEK (Thailand)
- Can reducing inflammation reduce obesity and counter aging
A. CHIANGPRADIT (Thailand)
- Diet correction: Toxic foods that increase weight
J. WONG (China)
- Weight reduction diet with paleolithic diet
P. THAVISIN (Thailand)
- The diets that affects your hormone levels
P. THAVISIN (Thailand)
- Mental attitude correction: Attitudes that promote weight loss and weight gain
S. SCHUDER (USA)
- The novel exercise technique
Dr CHAKARG (Thailand)

12.30 pm - 1.30 pm LUNCH AT THE HOTEL RESTAURANTS

1.30 pm - 2.00 pm COFFEE WITH THE EXHIBITORS

2.00 pm - 2.45 pm

Mesotherapy

Moderator: P. Petit

- Mesolift and Mesobotox
J. MARTHAN (France)
- Mesotherapy and Anti-Aging
P. PETIT (France)

2.45 pm - 3.30 pm

Forget the Science, This is How I Do It!

Moderator: Goh Chi Leok

Goh Chee Leok
Nancy GARCIA TAN (The Philippines)
Jinda ROJANAMATHIN (Thailand)

BALLROOM 2

8.30 am - 10.00 am

Defying Gravity: Laser, Radiofrequency and Surgery
Moderator: N. Zerbini

- From facelifts to face transplants?
T. BUNNASIT (Thailand)
- How to tighten and contour body by Thermage
Colin THAM HSIEN JEN
Thumrong SIRIPOON
Takahiro FUJIMOTO
- Titan
- Affirm

10.00 am -10.30 am COFFEE BREAK - Meet the exhibitors

10.30 am - 12.30 pm

Face Surgical Rejuvenation

Moderators: Y. Shirakabe, C. Kron

- Anatomy of the aging face
A. PARASKEVAS (France)
- Characterization of Caucasian woman face aging by standardized photographic method
R. BAZIN, A.S. ADAM (France)
- Characterization of Asian woman face aging by standardized photographic method
R. BAZIN, A.S. ADAM (France)
- Blepharoplasty in Asian patient
Y. SHIRAKABE (Japan)
- Rhinoplasty in Asian patient
Y. SHIRAKABE (Japan)

12.30 pm - 1.30 pm LUNCH AT THE HOTEL RESTAURANTS

1.30 pm - 2.00 pm COFFEE WITH THE EXHIBITORS

2.00 pm - 3.30 pm

Testosterone Treatment of Men: The Practical Workshop

M. CARRUTHERS (UK)
P. SUGKRAROEK (Thailand)
A. ZENTNER (Australia)

WORKSHOPS ROOMS (ground floor)

10.30 am - 12.30 pm

Room Chiang Mai

Workshop proposed by Lasermed Co (Thailand)
SmartLipo (by Deka)

Nicolas ZERBINATI, MD (Italy)

Room Rattanakosin

Workshop proposed by PROMED
TITAN® Infrared Light 1100-1800nm

Thumrong SIRIPOON

Room Ayutthaya 1-2

Workshop proposed by Astracom Networks
The Absolute Solutions by ELOS

Ron RUSSO (USA)

12.30 pm - 1.30 pm LUNCH AT THE HOTEL RESTAURANTS

1.30 pm - 2.00 pm COFFEE WITH THE EXHIBITORS

2.00 pm - 4.00 pm

Room Chiang Mai

Workshop proposed by Lasermed Co (Thailand)

Affirm (by Cynosure): The gentle wavelength for fractional resurfacing
Takahiro FUJIMOTO

Room Rattanakosin

Workshop proposed by Procter & Gamble

Palmitoyl Pentapeptide (Pal-KTTKS) – Ingredient for skin barrier enhancement & anti-aging benefits

Collin G. D'SILVA, PhD

Room Ayutthaya 1-2

Workshop proposed by Gouth

Homeopathic Mesotherapy

Natalia FRASCA

4.00 pm - 5.00 pm

Room Rattanakosin

Anti-Aging Workshop

Micronutrient Treatment: The Numerous Tips to Make Micronutrient Therapy Efficient to Improve Health and in Particular to Prevent Immune and Cardiovascular Diseases

D. RUEFF (France)
D. HARNAM (Malaysia)